



**Good Shepherd
CAREGIVERS**
A Faith in Action Program

NEIGHBOR TO NEIGHBOR

A Neighbor's Independence Depends on You

Fall 2005

Interfaith Volunteer Caregiving

YOU MAKE THE DIFFERENCE! GSIVC Volunteer Recognition Luncheon 2005



Some of our award winners

This year marked the fourteenth annual Volunteer Recognition Luncheon. It was held at the Clarion Hotel and Conference Center on April 19th, in honor of this year's National Volunteer Week (April 17th – 23rd). To relative “new-comer” volunteer coordinator, Shebra Hall, it was quite difficult to select just a few of the many wonderful volunteers to recognize at this yearly event. The task would have been impossible without the help of the organizing committee which included not only GSIVC staff Cathy Burcham, Angie Hill, Nancy Hockensmith, and Nancy Marmorella, but long-time volunteers and Board members, Vic Marchand, Betty Severson, Renny Smith, Gary Tucker, and Dan VanBelleghem. This year's theme of “You Make the Difference” drew in a capacity crowd of almost 80 guests, including volunteers, friends, and supporting businesses.

The afternoon began with a warm welcome by Board President, Dan VanBelleghem, and opening prayer by Rev. Dr. Wyman Hall, Board member. Master of Ceremonies and chair of the organizing committee was administrative volunteer, Gary Tucker, who led us through the rewarding event in style.

Awards were presented to several volunteers and businesses to honor their service and support to Good Shepherd Caregivers. Board member Connie Hammann and Executive Director Nancy Hockensmith awarded certificates of appreciation to attending members

continued on page 2



From the Director

Pondering on Good Shepherd's 15th

birthday led me to thinking about my best friend's birthday in June. How could we have fun and celebrate? Well, of course! I would ask her and another friend to accompany me on a less than mundane trip (in combination with my out-of-town medical check-up) and stay a couple of days to shop, laugh, eat, laugh, reminisce, laugh, be silly, and laugh some more—in other words, celebrate! Sound like teenagers? Maybe, but this over 60 gang had a ball—it was a trip not soon to be forgotten!

So, how is it that we like the sound of a birthday celebration—but the idea of getting older doesn't have the same appeal for most of us? Could it be we're “straining to see through the nearsighted eyes of a youth oriented society?” Indeed, many consider every birthday past age 29 as the

continued on page 15

Good Shepherd Caregivers Mission Statement

Good Shepherd Caregivers, a Faith in Action Program, provides informal volunteer caregiving to home-based older or disabled Jefferson County residents.

Fall 2005



**Good Shepherd
CAREGIVERS**
A Faith in Action Program

P.O. Box 1882
101 SOUTH PRINCESS STREET
SHEPHERDSTOWN, WV 25443
info@gsivc.org
OFFICE: (304) 876-3325
FAX: (304) 876-1645

Nancy Hockensmith
EXECUTIVE DIRECTOR

Shebra Hall
VOLUNTEER COORDINATOR

Angela Hill
PROGRAM ASSISTANT

Nancy Marmorella
SOUTH JEFFERSON COORDINATOR
Parlor at Zion Episcopal Church
221 E. Washington Street
Charles Town, WV 25414
(304) 725-2262

Fran Cox
VOLUNTEER FINANCIAL OFFICER

Gary Tucker
ADMINISTRATIVE VOLUNTEER

John Lilga
MEDICAL EQUIPMENT MANAGER

Nan Broadhurst
NEWSLETTER VOLUNTEER

Cathy Burcham
SPECIAL PROJECTS VOLUNTEER

Bill Gore
VOLUNTEER CHARLES TOWN OFFICE ASSISTANT

Lynn Dunlevy
PARISH NURSE COORDINATOR

Tom Reilly and Bob Smith
TECHNICAL SUPPORT VOLUNTEERS

© GSIVC, 2005
Please do not reprint text
or graphics without permission.

Giving, however, isn't simply a matter of money. We give when we volunteer. We give when we contribute our experience, our insight and our ideas to worthy causes.

**Good Shepherd Caregivers
Board of Directors**

Dan VanBellegem
PRESIDENT

Dr. Wyman Hall
VICE PRESIDENT

Judy Hockman
SECRETARY

Charlotte Vickers
TREASURER

Dr. Ernest Benner
Phil Coffey

Conrad C. Hammann

Susan MacDonald

Rev. Melanie McCarley

Thomas Reilly

Rev. Dr. G. T. Schramm

Betty Severson

Renny T. Smith

K. David Spunich

Francina Stonesifer

Newsletter Volunteer Needed

If you have layout and production skills (and a computer) and would like to help, please call 304 876-3325.

You Make the Difference!
continued from page 1

of the Caregiver's Business Council, new Honor Guild members, and business and community partners, like the United Way of Jefferson County and the Jefferson County Chamber of Commerce.

Service awards followed throughout the luncheon with "You Make the Difference" themes. The Yvonne Saville Memorial Award, named for a Shepherd University student volunteer, was awarded to Shepherd student Victoria Hansen who has volunteered with a GSIVC Care Receiver for several years, taking her shopping and running errands on a regular basis, making a significant difference in this Care



Receiver's life. Shepherd University Community Service Director, Holly Frye accepted the award on Victoria's behalf.

Administrative volunteer Bill Gore was awarded the "Right Hand's" award for his continued service to working in the Charles Town office each week. He has made a difference to GSIVC in allowing us to maintain a presence in our newer South Jefferson office, providing additional hours and visibility in that area.

Special recognition was given to the over 30 volunteers who participate in the three dialysis teams that are responsible for getting six dialysis patients to and from their scheduled appointments each week. The "Teaming Up" award was given to an

Welcome!

*Good Shepherd Caregivers
truly appreciates our newest
group of volunteers:*

Board of Child Care at Falling Waters

Linda Brigante

Laurie Capell

Carrie Ebersole

John Farmer

Robert Gardner

Maryann Hammann

Jessie Inis

Petie Jones

Lambda Chi Alpha

(Shepherd University)

Cecil Lease

Nancy McLoughlin

Pam Miller

Patricia Mills

Kate Norton

Sheila Norton

Ivan Severson

Lisa K. Silver

Victoria Smith

Donna Smoot

Marie Snowdon

Nancy Strite

Bill Wagner

James & Elizabeth Warnick

You Make the Difference!
continued from page 2



individual volunteer in each of the dialysis teams who has been especially dedicated to these Care Receivers, and they were Margaret Didden, Judy Ringer, and John Van Tol.

Good Shepherd has been graced by almost 50 new volunteers this past year and gratitude was given to them all for serving this community. Some of these volunteers really made a difference by jumping right in, and



were given special recognition with the "Jumping Right In" award, awarded to Leo Driehuis, Lana England, David Harne, and Dan Rowzie.

There are some volunteers who are involved in many other activities in the community, but always find the time for Good Shepherd. Good Shepherd can truly count on these volunteers to find the time to make a difference for our Care Receivers. Bonnie Austin and Dorcas Ramsburg were awarded



the "Never Too Busy" award for their service to Good Shepherd. Some volunteers

have served tried and true to Good Shepherd Caregivers, and have held a steadfast commitment to making a difference in our community. Marty Broadhurst, Martha Doss, and Vicki Savage were honored with the "Always There" award.

Many Good Shepherd volunteers provide much needed transportation to the many, many care receivers who need it, but one volunteer, Barbara



King, made the difference by driving the most overall miles this past year as a volunteer with Good Shepherd and was given the "Going the Distance" award.

In honor of Good Shepherd's 15th birthday, Nancy Hockensmith presented the founding members of Good Shepherd Interfaith Volunteer Caregivers "The Founder Award," for their dream and hard work that brought about this great organization. This award was received by Stan and Judy Jones, James Knode, and Rev. G.T. Schramm.



Special thanks go to Steve Warner and Nancy Marmorella for their musical presentation, to Cathy Bur-



cham, Gary Tucker, and Steve Warner for donating the various table and door prizes, and to the children of the Board of Child Care for preparing the gift bags for all guests. We would also like to thank volunteer Ivan Severson for photographing the entire event, and the Caregiver's

Business Council and Jefferson Security Bank for sponsoring the luncheon. A good time was had by all!



GSIVC Founders with Nancy Hockensmith



Meade Dorsey accepts Benevolent Partner Award from Nancy Hockensmith.



Civic Organization Contributors: Joining Nancy are (L to R): Dawn Weller, United Way; Trina Bartlett, Eastern Panhandle Volunteer Center; Holly Frye, Shepherd University; Jeff Krystofiak, Board of Child Care; Steve Warner, Shepherdstown Rotary; and Phyllis Alden Young, Tuscowilla Hills/Locust Hills Garden Club.

12th Annual Caregivers' Golf Classic

Good Shepherd Caregivers held its 12th Annual Caregivers' Golf Classic at Cress Creek on Friday, May 6, and BRRR—was it cold! You know, it's been a few years back since our last Classic had unseasonably cool weather, so we must have been due for one. Chilly temperatures aside, 128 players came out to support our major fundraiser of the year, sponsored by the Caregivers' Business Council (CBC). We extend our deepest gratitude to our 2004-2005 CBC members for their generous support.

Leading Benefactors were Dean's Lawnmower Shop, Jefferson Security Bank, and Mountain State BlueCross BlueShield.

Major Benefactors included APEX Home & Business Rentals, Inc; BB&T; Maggie Drennen; David A. Kemnitzer, AIA; Potomac Construction Industries; and Premier Bank.

Contributing Benefactors were

AB&C Group, Inc.; Acordia; Alpha Associates, Inc.; Bank of Charles Town; Brian Palank, D.D.S.; Centra Bank; Fargo Insurance & Financial Services, Inc.; Guy's Buick-Pon-



tiac-Olds-GMC; Henderson Enterprises; Philip B. Hill, of Counsel Bowles Rice McDavid Graff & Love, PLLC; JBC Holding Company, LLC; Nichols

& Skinner, L.C.; PNGI Charles Town Gaming, LLC; Rock & Tile; United Bank, Inc.; and West Financial/Washington Pension.

Proceeds from the Caregivers' Golf Classic are directly invested into providing volunteer caregiving services to older adults or disabled Jefferson County residents. Our other



Lodge • Business Technology Services • C.T. Walls & Floors • City National Bank • CoxHollida, LLP • Crawford & Keller, PLLC • David A. Camilletti, Attorney • Davies Consulting, Inc. • Dean's Lawnmower Shop • Deborah McClintock, D.D.S. • Dianne Maselli,



supporters are truly appreciated, too. They included our **Hole-in-one sponsor:** Bill Thomassen, owner of Thomassen Ford-Mercury-Chrysler-Plymouth-Dodge-Jeep-Eagle and our many **Tee Box sponsors:** Accurate Systems, Inc. • Ameribanq Mortgage, Gary Phalen • Bavarian Inn &



Our top teams

1st place

Mike Abbruzzese
Mark Clouder
Wayne Dickson
Greg Kennedy

2nd place

Ray Eigenbrode
Ron Porterfield
Joe Siler, Sr.
Joe Siler, Jr.

3rd place

Bobby Jones
Jason Jones
Thomas Jones

4th place

Richard Burke
Lou DiGuglielmo
Paul Espinosa
Jack Steich

5th place

Gary Chicchirichi
Matt Coffey
Steve Morris
Mike Sholl

6th place

Sam Byrer
Fran Cox
Phil Cox
Milt Hendrickson

Coldwell Banker • Edward Jones Investments, Shepherdstown • Fran & Phil Cox • Frontier • Glen Eagle Homes, Inc. • Greentree Realty of Shepherdstown, Inc. • Greg Didden Associates, Linda Spunich, Realtor •



Hamstead & Associates, LC • Head Hunters • Holistic Psychology Associates • Hoxton Financial • J.B. Smith Memorial Golf Tournament • John H. K. Christman, Coldwell Banker • John Midkiff Insurance • Jones Insurance Agency • Jones Insurance Agency • Karen Hacker Kinnett, CPA • KRM Associates, Inc. • Maiden Financial, Inc. • Miller Auto Group • Mumaw & Vickers • Rust Orling & Neale, Architects • Shaw & Shaw, A.C. • Smallwood & Smallwood Insurance • South Berkeley Pharmacy • Specialty Business Supplies • Spirit of Jefferson Advocate • The Armory Pub • The Bennett Agency • The Phineas Company • Thomassen Ford-Mercury • Turf Motel & Restaurant • Wells Fargo Home Mortgage / Brian Foss-Denver Hipp • W. H. Knode's Sons • Whale of a Wash



While most golfers had a 'fare' day, others weathered better than others. 'Closest to the 8th Hole' was **Fred Parsons** while **Lisa Younis** and **George Kreps** were awarded 'Closest to the 11th Hole.'

Months of planning and many, many volunteer hours went into organizing our Golf Classic, so we must also thank those who made this 'tee-riffic' event possible. Guided by the leadership of **co-chairs** Connie Hammann and Meade Dorsey, the committee could not have done a more awesome job without the assistance of Doug Alexander; Phil Coffey; Fran Cox; Joan Hopkin; Karen Kinnett; Betty Severson; Dave



Spunich; Francina Stonesifer and staff members Angie Hill and Nancy Hockensmith.

Our appreciation also goes to the following helpers for their contributions: Ernie Benner; Cathy Burcham; Shebra Hall; Petie Jones; Nancy Marmorella; Marie Snowden; Nancy Strite; and Gary Tucker.

Last but not least special thanks go to:



YOU—the players—for making our Golf Classic a success!

Cress Creek Golf and Country Club for hosting our tournament and providing a delicious lunch.

Keith Rader and staff for their hard work in preparing for the tournament

Wayne Watkins and staff for outstanding grooming of the course

Alpha Associates for donating water

Vital Signs for producing event banners

Ivan Severson for photography

Connie & Mary Ann Hammann for hosting the CBC reception

Trinity Episcopal Youth Group for help with ditty bags

Golf Classic door prize donors (see page 10)

Our heartfelt gratitude to ALL who supported and participated in this year's event!



A 'Souper' Event Stirs Up Pottery Fans!

Pottery lovers, hungry folks, board members and staff gathered on Saturday, March 19, to attend Good Shepherd Caregivers' 6th Annual Potters' Bowl. The upstairs of the War Memorial Building in Shepherdstown filled quickly as over 150 pottery fans eagerly entered to choose their very favorite piece from the wide selection of donated bowls. After collecting their newfound art, guests found a seat, removed their jackets, and then dined on many delicious soups and breads generously contributed by local restaurants.

We are thrilled this year's annual event was successful in raising \$2,816.18 to support our homebound neighbors in need. However, without the generosity of some very special people and local craftsmen, this event would not have been possible. Our sincere thanks go to the following businesses and potters for their bowl and/or silent auction donations:

Coles Potter, Allison Coles
 Creative Clay Studio, Gail Adkisson
 Dancing Fire Gallery, Leslie Betz
 Dickinson & Wait Craft Gallery,
 Debbie Dickinson & Meredith Wait
 Frederick Clay Art Center
 Frederick Pottery School
 Foxcross Pottery, Del Martin
 Joan Lord Johnston Pottery, Joan
 Johnston
 Manna Machine, Doug & Karen
 Kinnett
 Sky Path Pottery, Tiffany Perkowski
 Sycamore Pottery, Ren & Pam
 Parziale



The Mud Peddler, Denise Kupiszewski
 Thomas Jefferson Studio, Karen Bell,
 Helen Hensgen, Pat Horner, Dana
 Mitchell
 VanGilder Pottery, Bill VanGilder

Westwind Potters, Jane Murto
 Z Pots, Eric Hendrick &
 Heather VanHorn

And, of course, dinner could not have been served without the wonderful donations from:

Avanti
 Bavarian Inn

Betty Severson
 Charles Town Races & Slots
 Charles Washington Inn
 China Kitchen
 Clarion Hotel & Conference Center
 Cress Creek Country Club
 Mary Ann Hammann
 Shepherdstown Sweet Shop, Pam Berry
 Shu Chen
 Turf Diner
 Wesley Lanham
 Yellow Brick Bank

We also extend thanks to our committee volunteers for planning, organizing, and executing the affair! Thank you—
 Dan Van Belleghem,
 Dave Spunich,
 Francina Stonesifer,



Good Shepherd Care Receiver Application Update

For gathering organizational funding purposes only, Care Receiver applications will now include an optional question regarding income status. The application will have an additional sheet attached, which will outline federal poverty level guidelines, with family unit and income level breakdowns. All data will be kept confidential, along with the application, and will not factor into eligibility status or any volunteer services provided.

Good Shepherd Volunteer Application Update

Volunteers who will be driving Care Receivers are now asked to provide a copy of their driver's license with their Volunteer application. This new request is due to Good Shepherd's insurance provider, hopefully making our Care Receivers feel even more like valued members of our community.

Renny Smith,
 Betty Severson, Judy
 Hockman,
 Angie Hill and
 Shebra Hall.
 Also, we truly appreciate the contributions of Nancy
 Hockensmith, Connie Hammann,
 Nancy Marmorella, Tara Hockensmith,



the Shepherdstown Men's Club, and Mona Spanos and son, Michael!

Finally, thank you, the attendees, for making our 6th Annual Potters' Bowl such a 'SOUPER' fundraising event!



Maggie Throws a Party!

As Good Shepherd supporters headed over to Cress Creek Country Club on March 23 to participate in a Bridge, Bunco & Mah Jong benefit party, many delighted in the gorgeous weather. Although it was a beautiful, sunny and crisp, winter morning, 85 attendees ventured inside and filled the foyer to capacity to register for the super fun event—all there to help support our volunteer caregiving program.



gathered in the Players Lounge. The majority of participants filled the Dining Room were Bridge tables could be seen from one end of the room to the other. As players found their seats, coffee and danishes were gathered while folks mingled for a few minutes, conversed, and filled the air with laughter. It was now time to begin the games!

We soon found out why Bunco tables were placed upstairs. After the bell was rung by Betty, a Good Shepherd board member and volunteer, the games got underway. For some of the beginners, excitement took hold and “BINGO” would accidentally get yelled, without

realizing their roll wasn't a true Bunco—nor did they remember the true name of the game. As players coaxed the dice, B-U-N-C-O was finally thrown by a few lucky participants. If you've never tried it, those little dotted cubes can sure produce a fun, easy-to-learn game!



After a few hours of strategy, dealing, and rolling, we were treated to a wonderful light lunch at noon. Executive Chef Mike Deblois sure did a wonderful job, as did the wonderful staff at Cress Creek. During the affair, Ms. Maggie was surprised by the staff at Good Shepherd with a certificate of appreciation for her support and contributions to this yearly event. Of course, play continued into the afternoon.

The participants ended their day of fun with a nice feeling of knowing their participation helps those in need—a big thank you to all involved for supporting Good Shepherd!



Our fabulous host was none other than Ms. Maggie Drennen, who was happily assisted by Judy Ringer and Betty Severson in organizing this annual fundraiser. Bunco players were sent scurrying upstairs to nest in the conference room, while Mah Jong players



Lana's Yard Sale Benefits Those in Need

WOW—how did she do that? **Lana England**, one of our wonderful volunteers, single-handedly organized and held a yard sale to benefit Good Shepherd, raising \$645.32 to help those in need of our services! After being rained out on April 23, Lana decided at the last minute to go ahead with her plans and held the event on April 30, even though Mother Nature was lurking with more showers.

Good Shepherd Caregivers truly appreciate Lana's hard work in gathering donations from giving neighbors in our community, and her sweet conversations with yard sale attendees. You see, when she let them know where the proceeds were going, Lana

said many participants gave a donation, without a 'find' in hand—gladly helping the elderly and disabled homebound residents in our community.

You must know, however, none of this would have been possible without the generosity of Blue Ridge Grocery owner, **Jerry Dillow**, for allowing Lana to store the donations she had been collecting, and holding the fundraiser at his business, located on Rt. 9.

Thank you to Lana, Jerry, and to all who donated items and participated in this successful event!

Do You Know Someone Who Needs Our Services?

Good Shepherd Interfaith Volunteer Caregivers, a *Faith In Action* program, and member of the United Way of Jefferson County, is dedicated to serving the elderly, disabled and homebound residents of Jefferson County. If you or someone you know is in need of non-medical, volunteer caregiving services such as visiting/companionship, reassurance phone calls, transportation, shopping/errands, paperwork, small home repairs, or light house chores, please let us know. Call us at 304-876-3325 or 304-725-2262 today!

Fall Honor Roll

January 16, 2005 thru July 15, 2005

Good Shepherd Caregivers is grateful to all individuals, organizations, and businesses contributing to our work. Unless otherwise indicated below, this report is intended to include the names of all donors who made gifts between January 16, 2005 and July 15, 2005. We apologize if your name has been incorrectly entered or unintentionally omitted; please call our office with any such additions or corrections. Thank you!

GUILD OF HONOR

Lifetime Partners

(\$10,000 cumulative)

Continuing members

Anonymous
Helen Parker Willard Foundation
Hockensmith, Charles S. & Debra D.
Jones, Stanley and Judy Miller

Benevolent Partners

(\$2,500-\$9,999 cumulative)

New members

Miljour, Dr. David V.
The Royal Scott Foundation *

Continuing members

Anonymous
Brooks, Sara Weaver
Chicchiricchi, Guy & Eleanor
D'Onofrio, Tom & Sandra
Dorsey, Meade & Honnor
Hill, Philip B. & Lily R.
Hockensmith, Dean & Wilma
J.C. Kunkle & Associates

Honorary Partners

(\$500 to \$2,499 cumulative)

New members

Benner, Ernie & Barbara *
Byrer, F. Samuel *
Davenport, Henry B. III & Faye
Dibbern, Dr. Dennis K. & Marsha L.
IMO Iris Dibbern
Durham, Richard S. – The Durham Agency
Hoxton, Ruth
Lilga, John & Judy
McGarry, Robert P. Jr.
Seckinger, Richard
Sloate, Thomas F. & Lenore H.
Smith, Danny & Anne

Strite, Larry A. & Nancy L.
Young, Jack L. & Martha E.

Continuing members

Alvarez, Ramon A. & Mary E.
Anonymous
Anonymous
Asam, Erwin & Yvonne
Benner, Alfred
Berkeley, Dr. Keith & Laura
Byron, James E. & Snowden
C.T. Walls & Floors
Camilletti, David A.
Carper, Howard & Jean
Coe, Rev. Frank & Wilma
Coffey, Phillip & Elizabeth
Corliss, Greg & Carolyn
Cox, Philip P. & Frances B.
Dan Ryan Builders, Inc.
Davies, Grant L. & Carol Ann
Davis, Joseph and daughter, Kathleen
IMO Yvonne Moosey
Drennen, Maggie
Eibert, G. William & Jacqueline T.
Eisenstein, Robert & Carolyn
Ergin, Erdem & Carole
Eros, James & Mary Clare
Eye, Dorothy
Farris, Jay Dee
Gibson-Smith, Ian C.
Hammann, Connie & Mary Ann
Henry, Donald & Kathryn
Hockensmith, Nancy *
Hopkin, Joan
Hoxton Financial LLC
Kaplin, William A. & Barbara
Kerneck, Clyde & Judy
IMO Yvonne Moossy
King, John & Barbara
Kinnett, Karen Hacker & Doug
Klein, Richard W. & Kathy P.
Krubsack, Kathryn
LaBrier, Larry E. & Nancy S.
Lane, Clarice M.
Lewis, Eric & Joy Osbourn
Lind, David & Nada
MacDonald, Randolph & Susan
Martin, Thomas G. & Laura S.
Master, Doc & Grace
Matthews, Joseph O. & John M. Shank
McDonald, Angus W.
Menefee, Robert B. & Jewell
Moore, Carl & Judy

Moore, Edward R. & Helen S.
Moosy, Dr. John
Morgan, Mary Ann
Mumaw, Keith L. & Michelle
Murphy Jones, Mary A.
Naylor, Ed & Sarah
Nelles, Françoise & Thomas Jack
Neely, William & Jean
Palank, Dr. Brian
Perry, Roger & Wanda
Printz, Charles F. & Bethel
Raczkowski, Wanda T. & James H.
Jenkinson
Russo, Lee J.
Salladay, Philip C.
Savage, John A. & Victoria
Senseney, Elizabeth M.
Severson, Ivan & Betty *
Shaw, Alex & Carline
Sherwood, John & Patricia
Smith, Mark W. & Susan A.
Smith, R. Grant & Renny T.
Snyder, Henry M. & Edna M.
Stonesifer, Francina
Studio 105
The Herb Lady
VanBelleghem, Dan & Jeannette
Vickers, Charlotte M.
Wells, Frederick & Mildred
Whale of a Wash
Whiting, Doris
Willard II, Henry K & Louise
Zdunek, Paul & Jane (Innovative Solutions)

CIVIC, BUSINESS and GOVERNMENT ORGANIZATIONS

Jefferson County Chamber of Commerce
Rotary Club of Charles Town
Rotary Foundation of Shepherdstown
Shepherdstown Men's Club Foundation, Inc.
United Way of Jefferson County
Walmart

CHURCHES AND RELIGIOUS GROUPS

Charles Town Baptist Church
Christ Reformed Church, UCC

IMO = In Memory of . . .

IHO = In Honor of . . .

** United Way of Jefferson County
(2004-2005 campaign)*

Fall Honor Roll continued

Marvin Chapel United Methodist Women
New Street United Methodist Church
Shepherdstown Presbyterian Church
St. Agnes Catholic Church
St. Bartholomew's Church, Leetown
Trinity House Thrift Shop
Zion Episcopal Church

MATCHING CORPORATE FUNDS

ExxonMobil Foundation (Eric and Lori Perkins)

CIRCLE OF FRIENDS

Sponsors (\$100 to \$499)

Acquaviva, Donna and Robert Naylor
IMO Charles Branson
Akers, Katherine M. *IMO Leta Jennings*
Askintowicz, John III
Benedict, L. Dow *
Brenizer Design, Shane Brenizer & Cynthia McLaughlin
Broadhurst, Marty & Nan
Bryant, Robert & Betty Lou
Burke, Richard E.
Buskell, Zelma
Butler, Robert *
Cameo Commercial Real Estate,
Jeanne L. Morton
Carper, Lisa
Christian, Joseph P. Jr.
Cookson, Sandra P. *
Cranford, Charles W. & Amy H.
D. A. Carpentry, Inc. – Donald Ainsworth
Davis, Betty
Derr, Max Jr. & Shirley
DiGuglielmo, Louis J. - Allstate
Doss, Martha A.
Dower, Marjorie
Drennen, David H.
Drennen, William M. & Sarah W.
Driehuys, Leo & Henny
Dunlop, Dr. David L. & Olga C.
Ehman, Joseph & Jean
Erlebach, Gerhard & Karine
Eshelman, Raymond L. & Gloria J.
Fisher, George & Jacquelyn
Franzen, Jeanne *
Fredrickson, Karl A. & Virginia B.
Freund, Dr. Alvin & Agnes
Giese, Chris & Liz
Goodrich, Mina, Lawrence & Dean *
Hamstead & Associates, L.C.

Hellems, T. J. & Jewell
Hendrix, Jessie *IMO Charles Hendrix*
Hoffman, Diane T.
Holcomb, Carolyn J.
Holland, James & Mary
Janssen, Quinith & Ed Smith
Jones, Thomas W. & Angela M.
Junta, Frank & Nancy
IHO Daniel Pagliochini
Kohlhorst, Allyn & Gail *
Manuel, Dale & Anne
McNaughton, Margaret J.
IMO Fanny Thornton
McQuilkin, Cooper
Metzbower, John E. & Sarah L. III
Miller, Gregory & Paula
Moyer, Robert & Rev. Laureen
Murphy, Annette H.
Nichols, James & Pamela
Ott, John E.
Parfitt, Christine
Parks, Raymond & Natalie
Psillas, Dr. Kenneth L.
Rocheleau, Charles A.
Saunders, Anne G.
Scott, Elizabeth
Severson, Craig & Angela
Shirley, Lynn & Dolores *
Siler, Joseph & Norma
Smith, Clifford W. & Valerie
Sprouse, Edwin
Spunich, K. David & Linda
State Farm Insurance, Shultz, Lana M.
Stemple, Jr., Fred A. & Clarissa
Stone, Janet L. *IHO Larry Stone*
Taylor, Michael *
Thomson, Wayne P.
Tolbert, James A. & Shirley P.
IMO Dora M. Washington
Van Hilst, Frank & Annette
Van Tassell, Bob G. & Gail A.
Van Tol, John *IMO Alice Blake Van Tol*
Veach, Gregory & Ruth
Wanger, H. Alexander & Linda
Wayland, David C. & Rose H.
Whalen Associates, George Whalen
Wheeler, Gilmore S. & Judith W.
White, Sidney & Sharon
Williams, Dr. Mildred
Williams, Thomas & Anna
Willingham, Lawrence & Jane
Winters, Ronald & Susan L.
Wood, Esther S. *IMO Henry N. Wood* *

Supporters (\$50 to \$99)

Austin, Michael & Bonnie
Blake Business Services, Inc. –
Blake Thompson
Bolyard, Milford *
Braddock, Charles & Wilma
Burcham, Kenny & Cathy
Burhans, Daniel & Terri M.
Carter, Linda C.
Catozella, Frances
Clough, Mark S. & Linda A.
Coffman, Sandra K.
Didden, Carol Marie
Gageby, Edward G. & Mary S.
Jenkins, David M.
Loeffler, John & Susan
Lotze, Chris & Evie *
Lowe, Robert & Dolores
Marshall, George & Dorothy
Mason, Bettye *IMO Ray Mason*
McClelland, Kathleen *
McNaughton, Margaret
Moreland, Al *
Pamer, Pamela A.
Parziale, Ren & Pam *
Quinn, Nancy *IHO all volunteers*
R.B.P. Rental, Ron Porterfield
Reneker, Steven & Susan
Shaffer, Linda L.
Soltow, Rev. Fred
Smith, Linda *
Stebbins, George B. Jr. *IMO Robert Oberg*
Virts, Zelda M.
Voress, Hugh E. & Bettie H.
Walsh, John & Doris
Warner Productions, Steve Warner
Wells, Betsy H.
White, Leila
Wilmoth, Paul & Patricia *
Wilson, Ann *
Wootton, Jim & Doreen
Yanna, Danny & Luann

Contributors (up to \$50)

Anderson, Bonnie R. *IMO Grace Master*
Ann Wayt Interiors
Archer, Mary L.
Arnold, Pamela
Ault, Myra *
Bowers, Timothy K. & Mary Alice
Boyer, Sylvia H.
Cain, Lily
Campbell, Michael & Sue

Fall Honor Roll continued

Citro, Dr. Francis & Virginia
 Cox, Louise W.
 Dillard, Jeanne A.
 DuBose, Robert & Georgia
 Emmer, Rosemary
 Files, Melanie
 Franke, Fred & Joan
 Gannon-Miller, Thomas & MaryLois
 Harris, Mamie & Shirley A. Hughes
 Hartley, Patricia M.
 Herson, Mary L.
 Hill, Angela D.
 Hill, Helen M.
 Himes, Kimberly *
 Hubbard, Patricia P.
 Jeffries, R. Dale & Dianne L.
IMO Grace Master
 Jonczak, Liza
 Kathleen Ewing & Associates
 Kezman, Jorge & Debra
 Lambert, Yolanda *
 Lapham, Bruce & Carol
 Mills, Pat
 Ott, Patricia *
 Otto, Charles & Annie
 Palmer, Ada
 Poland, John & Shelly
 Polesnak, Tom & Nancy
 Ringer, Larry & Judy
 Roberts, Sally
 Severson, Ilene E.
 Shenton, Robert
 Snyder, Harold J. 'Hal' & Betty
 Tanham, Kathleen V.
 Turner, Thomas & Anne
 VanBelleghem, Luke & Stacey Mahaney
 Van Deusen, Robert C. & Irma
 Van Stone, Carrol – Visibility Bookings

Waggaman, T. Jean
 White, Thomas *
 Williams, Ronald & Martha *
 Woodward, Emmy
 Wysong, Libbi
 Younis, John & Lisa

IN-KIND DONATIONS

Cathy Burcham – door prizes
 Charles Town Races & Slots – office furniture
 Debi Combs - yard sale items
 Progressive Printing – printing services
 Ivan Severson - photography
 Studio 105 – website maintenance
 Gary Tucker – door prizes
 Steve Warner – door prize
 Zion Episcopal Church (CT) – office space

Golf Classic souvenir ditty bag donors:

AB&C Group, Inc.
 Alpha Associates, Inc.
 BB&T
 Bank of Charles Town
 Frontier
 Jefferson Security Bank

Golf Classic door prize donors:

Accurate Systems
 Alter Ego Hair Studio
 Avanti
 Charles Town Athletic Club
 Charles Town Races & Slots
 Charles Washington Inn
 Clarion Hotel
 Devonshire
 Dickinson & Wait Craft Gallery
 Dream House
 Elegance
 Four Seasons Books
 German Street Coffee & Candlerly
 Gold's Gym
 J. Cooper Gallery
 La Mezzaluna Café
 Locust Hill
 Needful Things
 Old Opera House
 Peace Frogs
 Potomac Farms Nursury
 R. Lewis
 Riverbend Designs
 Shaharazade's Tea Room & Restaurant
 She-Town Divas

Sleepy Hollow Golf Club
 Steppin Out
 Stonebridge Golf Club
 Summit Point Motorsports Park
 Sunflowers
 The Good Shop
 Tradition & Culture Gallery
 Van Tol's Village Florist
 Washington House Inn
 Wild About Nature

Potters' Bowl Soup, Bread & Bowl

Donations: See *Potters' Bowl* on page 6

We appreciate medical equipment donations received by:

Paul Best
 John Brooks
 Canterbury
 Jim & Kay Close
 Lana England
 Zaira Harosky
 Jenny Harrison
 Heartland
 Roy & Flora Henderson
 Betty Hudson
 John Kilmer
 Rev. Laurie Moyer
 Mary Thompson
 Mr. Thompson
 Patricia Webb
 Polly Wharton

Good Shepherd is proud to present the most recent information from January 16, 2005 to July 15, 2005 of the volunteer services provided to the elderly, homebound, and disabled neighbors in our community.

- ♥ 201 volunteers
- ♥ 345 care receivers
- ♥ 1,080 services performed
- ♥ 1,717 hours served
- ♥ 36,401 miles driven



CFC #JC5211

United Way
of Jefferson County



CONGRATULATIONS
Nancy Marmorella!
United Way Volunteer
of the Year Award Recipient

Good Shepherd Caregivers South Jefferson Office

By Nancy Marmorella, South Jefferson Coordinator

I began working for Good Shepherd at our satellite office in Charles Town in January, and there's been plenty to do during these first few months. My office is in the Zion Episcopal Church Parish House, but I can be found at various times in various places, spreading the word about Good Shepherd anywhere I can.

I have met with parish nurses, ministers, church deacons, city council members, Rotarians, quilters, home-schoolers, and church youth group members—pretty much anyone I think ought to know about our program and volunteer opportunities. Shebra Hall, our volunteer coordinator, sometimes joins me in these efforts. We're particularly trying to raise the public's awareness about Good Shepherd in southern Jefferson County. People in this part of the county are often not aware of our services; we're still much better known in Shepherdstown. Yet, we have many care receivers in places such as Charles Town, Ranson and Harpers Ferry, and we have a great need for more volunteers in those areas in particular.

I have also been helping to represent Good Shepherd Caregivers on committees such as Healthier Jefferson County, the Eastern Panhandle End of Life Coalition, and the Eastern Panhandle Hispanic Advocacy Coalition. These groups offer opportunities to join together with other agencies to better serve our community.

Shebra and I are continuing to reach out to our churches in southern Jefferson County. Recently, we were thrilled to learn that Charles Town Presbyterian Church has decided to enter into a ministry relationship with Good Shepherd Caregivers. Now we ask for your help in strengthening our relationships with other churches. Please speak to your minister and fellow parishioners about the good work Good Shepherd does in our community. We'll be glad to work with you in spreading the wonderful news about Good Shepherd!

ADDRESS CHANGES NEEDED

Please help us save mailing costs by calling our office at 876-3325 or send an email to Angie Hill, ahill@gsivc.org, with your new "Enhanced 9-1-1" address.

THANK YOU

File Cabinet Needed

Good Shepherd
is in need of a
lateral 2-drawer file.

If you can help, please
call!

Come Visit Us Online!

Good Shepherd Caregivers' website is being updated, can be found at

www.gsicv.org

and will be maintained for the convenience of all. A big "thank you" goes to Tom Conant and staff at Studio 105 in Shepherdstown, who have agreed to maintain the website for us. We invite you to stop by online and give us your feedback on what you see—and what you'd like to see—on our site.

Did You Know We Have Medical Equipment 'Loaners'?

Good Shepherd Caregivers has a Medical Equipment Loan program for those in need. Dedicated volunteers store, maintain, deliver, and coordinate medical equipment 'loaners' to Good Shepherd care receivers throughout Jefferson County. If you know someone in our community who may be in need of medical equipment such as a wheelchair,



walker, cane, hospital bed, bedside commode, crutches, or more, please let them know about Good Shepherd Caregivers. We are also accepting donations of various medical equipment items. Volunteers will deliver or pick up a loan or donation, so please call us today at 304-876-3325 or 304-725-2262.

Touched by Della Reese

by Shebra Hall, Volunteer Coordinator

On Thursday, February 17, I traveled to Shippensburg University in Pennsylvania, to attend a small group session with none other than Della Reese, spokesperson for *Faith In Action* (FIA). I was able to ask her questions about her involvement on a national



level as she talked to our group of 20 or so Shippensburg students, faculty and other guests. Expressing her interest and contributions to *Faith in Action*, she explained how she prides herself in only participating in programs where she can see the real-life, positive influence the program makes. While sharing detailed information about FIA, she



filled with our promotional materials and giveaways. In particular, I had a great time listening to her talk about her childhood, being raised by a Native American mother, her entertainment career, her spiritual and physical life journeys, and her church ministry. Good Shepherd is truly blessed to have her representing us through *Faith In Action*.

praised the good work the volunteers do and did a fine job promoting volunteerism and community service to the young group. I was honored to talk about Good Shepherd Caregivers, as well, and gave Ms. Della, as she said I can call her, a “goodie bag”

Good Shepherd extends our deepest condolences to the families of the following care receivers and community members:

James R. Berry, Jr.
Charles Branson
Shirley Branson
Raymond Byers
Linda Cameron
Delores Coates
Inez Cummings
John William Fraley, Jr.
Mary Grimes
Louise Hall
Harold B. Harding
Lloyd Harshman
Margaret Heffner
Jesse Kerns
Stanley Lewis
Lyle Wilber Mader
Grace M. Master
John Mosley
Charles T. Pearl
Mahlon Saxon
Richard Stephen
Fanny Thornton
Annie Van Meter
Newton W. Washington
Gayle Wetzel
Linda M. Williams
Helen M. Wilt

Caregivers Attend Volunteer Management Conference

Good Shepherd Caregivers' Executive Director, Nancy Hockensmith, and Special Projects Coordinator, Cathy Burcham, attended the 2005 State Conference on Volunteerism, National Service and Service Learning in Charleston on July 11th–13th. The conference was sponsored by the West Virginia Commission on National and Community Service and was a collaborative effort among various non-profit and volunteer groups from West Virginia. The conference featured prominent speakers and workshops designed to support and strengthen volunteer agencies throughout the state, develop leaders, and offer networking opportunities.

Cathy attended the Volunteer Leadership Academy, a series of workshops that spanned the entire three days of the confer-

ence. “What a great hands-on experience, and the timing couldn't have been better,” she said. She is currently assisting with the review and revision of the Policies and Procedures and General Operations Manual, and various workshops focused on related topics including job descriptions, risk management, and strategic development.

Nancy had the privilege of attending a workshop conducted by Jefferson County's own Barbara Miller, Coordinator of the Office of Homeland Security. The workshop was a very informative one on effective media communication—useful in training Good Shepherd staff about public awareness and education activities. Other workshops included Change or Die!—how the non-profit sector can be more creative in getting results, and Change not Charity—a discussion on mobilizing

resources to meet community needs.

Attendance at the conference was high, with over 500 attendees. Guest speakers included Gov. and Mrs. Joe Manchin, who thanked West Virginians on providing service to others. “We're a great state,” the governor said, as he and First Lady Mrs. Manchin presided over the presentation of the Governor's Service Awards. Other special highlights of the conference included ‘West Virginia's Treasures’, where attendees shared what's best about West Virginia, and a dynamic ‘wrap-up’ slide show put together by planning committee volunteers.

The conference is presented annually. For more information call Executive Director Nancy Hockensmith at 304-876-3325, or the West Virginia Commission for National and Community Service at 304-558-0111.

SENIORS AND DISABLED PERSONS— “Heads Up” - Medicare changes this year!

On December 8, 2003, President George W. Bush signed the Medicare Modernization Act (MMA) of 2003 into law. The bill created Medicare Part “D”, a voluntary prescription drug benefit that goes into effect on January 1, 2006. As a result of this law, many changes will take place during 2005 that will affect the entire Medicare population.

In late May, the Social Security Administration (SSA) began to send letters to about 20 million Medicare beneficiaries (almost half of all beneficiaries) informing them that they may be eligible for low-income subsidies to help with their prescription drug costs if they enroll in a Part D plan. An application for the Medicare Part D low-income subsidies will be sent along with the letter, but determinations will not be made until July 2005. The SSA mailing is expected to continue through mid-August. Seniors and disabled persons should pay close attention to mailings from Social Security.

On July 1, 2005, the SSA and State Medicaid agencies will begin to review and make determinations about individuals' eligibility for the low-income subsidies. Beneficiaries who have not already submitted an application through the mail can now visit a local SSA or DSS office to complete the application. Social

Security will also be accepting applications that are completed and submitted online through the SSA.gov website. Beneficiaries may also call SSA and apply over the phone. The Department of Social Services will be required to screen low-income applicants for eligibility for Medicaid and Medicare savings programs.

At some point in the fall, but before initial enrollment for Part D begins on November 15, 2005, employers and unions that offer prescription drug coverage to current employees, retirees and dependents must notify them about whether or not their current coverage is creditable (that is, as good as or better than the Part D benefit). Seniors and disabled persons should pay close attention to all mailings from employer groups.

Beginning in September, Medigap plans (commercial supplemental insurance carriers) will notify “H, I & J” policyholders about changes and options for prescription drug coverage in 2006. Seniors and disabled persons should pay close attention to all mailings from their Medigap insurance companies.

In October 2005, CMS (Centers for Medicare and Medicaid Services) will send letters to full dual-eligibles (Medicaid and Medicare), notifying them of the particular D plan into which they have been auto-enrolled. The

notice will also inform duals that they can choose and enroll in a different Part D plan beginning on November 15, 2005. Duals who do not enroll in a different Part D plan than the plan into which they have been auto-enrolled by CMS by December 31, 2005, will remain in that plan selected by them, with prescription drug coverage effective on January 1, 2006.

On October 15, 2005, Medicare Part D plans start to advertise to Medicare beneficiaries. CMS (Centers for Medicare & Medicaid) will also publicize information on Medicare Part D plans via mail, the Internet and 1-800-Medicare (24 hr. per day, 7 days per week). Seniors and disabled persons should pay close attention to all mailings from CMS (Centers for Medicare & Medicaid).

For additional information or assistance, it is suggested that beneficiaries contact their local senior center at 725-4044.

(Article courtesy of Katrina Eversole, SHIP Coordinator, Washington Co., MD)

Other important contacts are:

Social Security

1-800-722-1213

www.socialsecurity.gov

Medicare

1-800-MEDICARE (633-4227)

www.medicare.gov

Good Shepherd Caregivers on Display

As part of our community outreach efforts, Good Shepherd presented displays at several area events this spring where volunteer coordinators, Shebra Hall and Nancy Marmorella (from our South Jefferson branch), had a chance to meet members of the public, along with health care and social service professionals. Discovering many had never heard of Good Shepherd, all were informed and educated about our volunteer caregiving services and opportunities.

Σ• On April 9, we participated in the Health Fair sponsored by the Jefferson County Health Department, held inside the Charles Town Wal-Mart.

Σ• On April 14, we had a display table at the End of Life Conference, held at the Clarion Hotel and Conference Center.

Σ• On May 21, we gathered for the Ranson Festival, encouraging many area residents to volunteer.

We are looking for more opportunities to set up table displays and meet the public. Perhaps you know of a local event—through your church or some other organization that Good Shepherd could participate in. Or maybe you would like to help us at such an event. If so, please let us know. And if you see us out in the county somewhere with our display board and table, stop by and say hello!

www.benefitscheckup.org

Visit this website to see if you're missing out on benefits!

BenefitsCheckUp helps thousands of people every day connect to government programs that can help them pay for prescription drugs, health care, utilities, and other needs. You'll need to fill out short questionnaires to find programs that can assist you or your loved ones. It's simple. It's fast. It's free. And it's confidential.

**A Service provided by the NCOA
(National Council on Aging)**

Walkin' and Strollin', Rockin' and Rollin', Movin' and Groovin'

On Wednesday, September 28th, that's what we hope you're doin'! This day is *West Virginia on the Move Day*—a day dedicated to helping individuals and communities make positive changes to improve health and the quality of life. *West Virginia on the Move* is actually part of a national walking and physical activity initiative taking place that Wednesday. It's hoped that all across America—*America on the Move*—individuals and communities will be inspired to engage in fun, simple ways to become more active, and ultimately improve the quality of health and life.

Here at Good Shepherd Caregivers, promoting the quality of life is also one of our most important goals, along with promoting independence, dignity, and security for elderly, homebound, and disabled residents of Jefferson County. Everything we do—helping you to get out of the house by providing transportation, lending you medical equipment such as walkers and canes, helping you shop for groceries, assisting

you with small home repair projects—hopefully allows you to maintain your independence and infuses your life with an uplifting sense of well-being and healthy care by and with others.

The challenge on September 28th is for all of us to begin to make a difference in our lifestyles, to make active living and physical activity a part of our daily routine. So, how can you get movin' to meet the challenge?

According to ElderCare Online, walking is one of the best physical activities for seniors, given the low physical risks involved and the enormous health benefits, including controlling weight, improving cardiovascular fitness and circulation, facilitating medical rehabilitation, and relieving depression, anxiety, and stress. How can you increase your steps? Consult your physician, if necessary, and set a realistic daily walking goal (500 steps is about a quarter mile). Don't sit when you're on the phone, move. If you're watching TV, walk during the

commercials. Did you know that you'll accumulate about 15 minutes of walking in a one-hour show?

What if you have difficulty walking, or can't walk? Get groovin' in another way—*America on the Move's* website provides a conversion chart to convert other physical activity such as gardening and water aerobics into steps. Get rockin' or rollin'—*Sit & Be Fit*, televised on West Virginia Public Broadcasting, shows wheel chair fitness activities. Odometers used for bicycling can be recalibrated and used with wheelchairs. Talking odometers can be used if you have vision problems.

No more excuses. Be inspired. Call Good Shepherd Caregivers for more information to help you make a healthy difference in your life. Let's make Wednesday, September 28th, *Good Shepherd on the Move Day!*

(www.healthywv.com)

(www.americaonthemove.org)

(www.ec-online.net)

beginning of a downhill slide, hence the “big 3-0” or even 4-0!

It’s time for us to quit looking at “aging” as a disease—and to see it for what it is—a natural phenomenon of life that is inevitable. And, too, “old age” is not a number, but rather a social category defined differently by different cultures. However categorized, chronological age almost always differs a lot from one’s functional age—indeed, age-related changes occur at different rates for different persons. Hence, “you’re only as old as you feel!” Faith Baldwin put it in perspective by saying, “Time is a dressmaker specializing in alterations.”

It’s true that getting older presents us with new challenges—as Bette Davis once chided, “Getting old is not for sissies!” But there are truly positive aspects of aging that need to be recognized and appreciated by society. With aging comes a

host of attributes that society needs to capitalize on—wisdom, a stronger sense of identity, better coping skills, enhanced self-confidence, a network of more lasting relationships with family and community, a reaching out to stay better connected and involved in life, and an increased awareness of how really precious time is. Indeed, it’s a time for us to act on new opportunities and to pursue a variety of interests through life-long learning, leisure activities, and volunteerism. For example, the bulk of our volunteers are older adults—ready to give of themselves to others.

Whatever changes come with aging, most of our exploding older adult population (one turns 50 every 7.5 seconds) are in relatively good health—including our care receivers who need just a little help from us to live independent lives in their own homes. For all

of us, an old adage takes on special meaning: “If you’ve got your health, you have everything.”

With medical breakthroughs occurring daily, a longer and happier life is predictable; in fact, our bodies adapt and function rather well in today’s complex world. Truly, the young may be the future—but older adults are among our greatest treasures. And, it’s time for our society to put equal value on their contributions.

Samuel Ullman offered: “Nobody grows old merely by living a number of years. We grow old by deserting our ideals. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul.” So, fear not—celebrate both your birthday and your age! You’re not getting older—you’re getting better!

Nancy



Good Shepherd staff take time to pose: Nancy Hockensmith, Nancy Marmorella, Gary Tucker, Angie Hill, Cathy Burcham, and Shebra Hall from left to right.

Calendar of Events

August 10	Day of Service – Shepherd University		the Move Day!		Retreat, 5:00 pm at the Priestfield Pastoral Center, Middleway
September 5	Labor Day (Office Closed)	October 10	Good Shepherd Caregivers Corporation Meeting & Celebration, 7:00 pm	November 24	Thanksgiving Day (Office Closed)
September 7	Volunteer Training & Orientation, 4:00 pm at the Parlor of Zion Episcopal Church, Charles Town		Corporation Meeting; 15th Anniversary Reception to follow at the Trinity Episcopal Church Chapel, Shepherdstown	December 26	Day after Christmas (Office Closed)
September 13	United Way Day of Caring, All day throughout Jefferson County	November	Annual Appeal Commences	January	Volunteer Training & Orientation (date & time TBA) at the Parlor of Zion Episcopal Church, Charles Town
September 21	Board and Staff Training, 9 – 12 pm, Trinity Episcopal Church	November 8	Election Day (Office Closed)	January 16	Martin Luther King, Jr. Day (Office Closed)
September 28	West Virginia / Good Shepherd on	November 14	Good Shepherd Caregivers Board of Directors Annual	February 20	Presidents' Day (Office Closed)



**Good Shepherd
CAREGIVERS**
A Faith in Action Program

NEIGHBOR TO NEIGHBOR

P.O. Box 1882
Shepherdstown, WV 25443
Address Service Requested



*Volunteer Ivan Severson
wins flower basket!*

Nonprofit Organization
U.S. Postage
PAID
Shepherdstown, WV 25443
Permit No. 55