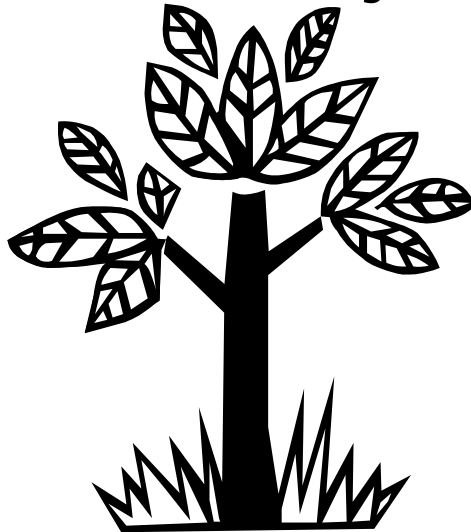


Senior Services Directory



prepared by the

***Nelson Cluster Episcopal Regional
Ministry
and
Good Shepherd Caregivers***

***Jefferson County, West Virginia
Edition No. 1
August 2006***

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Senior Services Directory

TABLE OF CONTENTS

CLINICS	3
DISABILITY AIDS, SERVICES, AND EQUIPMENT	8
HOSPITALS AND MEDICAL CENTERS	11
IN-HOME HEALTH AND NUTRITION SERVICES	14
PHYSICIANS	17
SOCIAL SERVICES AND OTHER AID	19
SUPPLEMENTARY RESOURCES	34
INDEX	38

KEY

Hours

Monday-Friday	9:00 am – 5:00 pm
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- Services**
- ? Eligibility**
- \$ Fees or payment**

Foreword

This service directory compiles resources for senior citizens living in Jefferson County. It was compiled from interviews done by the Rev. Georgia DuBose of the Nelson Cluster Episcopal Regional Ministries, and Ms. Nancy Lynn Marmorella, South Jefferson Coordinator for Good Shepherd Caregivers. Ms. Kathryn Bailey Conant of Great Blue Circle LLC and St. Andrew's-on-the-Mount, a member church of Nelson Cluster Ministries, formatted the information for reproduction by Progressive Printers. Funding for the booklet came from Good Shepherd and Nelson Cluster Regional Ministries.

We hope that this directory, drawn from a suggestion of the Rev. Victor Lawson, Missioner of Nelson Cluster Episcopal Regional Ministries, will serve the needs of senior citizens and those who help to take care of them. An index at the end of the directory can take you directly to any topic of interest or concern. Any suggestions for improvement, or addition of programs, can be emailed to the Rev. Georgia DuBose at georgiad@citlink.net, or called in to her at 304-725-5171.

We would like to thank Ms. Nancy Hockensmith, Executive Director of Good Shepherd Caregivers, and the Rev. Victor Lawson, for their warm encouragement and support of this project.

Sincerely,

Kathryn Bailey Conant
The Rev. Georgia DuBose
Nancy Lynn Marmorella

CLINICS

Behavioral Health Services of the Shenandoah Valley Medical System

130 Augustine Avenue, Unit 128

Charles Town, WV 25414

(former bank building in Hilldale Shopping Center)

(304) 263-7023

Fax: (304) 264-0508

Darlene Muse, LGSW

(Note: Martinsburg telephone numbers; Patient must first register at 99 Tavern Road in Martinsburg)

Monday-Friday	9:00 am – 5:00 pm
---------------	-------------------

- Psychiatric assessment
- Medication management
- Psychotherapy
- DUI services
- Behavior modification
- Interventions for sleep disorders and adjustment disorders
- Anger management
- Cognitive behavioral therapy
- Substance abuse counseling and treatment for adults and adolescents
- Ambulatory detoxification
- Consultation services
- Grief counseling
- Relationship counseling
- Chronic illness psychotherapy, biofeedback

- Inpatient stabilization
 - Intensive outpatient programs
 - Family counseling
 - Eye movement desensitization reprocessing (EMDR)
 - Forensic counseling
-
- ? Referrals from physician and self-referrals
 - ? Must pre-register for an appointment, at offices in Martinsburg
 - ? Call first
-
- \$ Sliding scale, determined by application
 - \$ Submit proof of income to determine percentage of reduction
 - \$ Insured patients with high co-pay may also be eligible for lowered fees

EastRidge Health Systems

105 South George Street
Charles Town, WV 25414
(304) 725-7565

Psychiatry

Jim Bakhtiar, M.D.

Monday-Friday	9:30 am – 5:00 pm
---------------	-------------------

Therapy

Donna Maciorowski & Jody Milbourne

Monday-Friday	8:00 am – 5:00 pm
---------------	-------------------

- Outpatient mental health services, primarily substance abuse treatment
 - Groups are offered only at the Martinsburg office, but individual treatment takes place in the Charles Town office
- ? Call for eligibility criteria
- \$ Self payment, Medicaid, Medicare, private health insurance, military insurance

Good Samaritan Free Clinic

The Living Room
50 Monroe Street
Martinsburg, WV 25401
(304) 263-4787

Wednesday	Starting at 6:30 pm – no appointments
-----------	--

? Patients receive gospel message prior to receiving medical services, but do not have to profess faith

\$ No fees

Jefferson County Health Department

Randall DeHaven, Director
1948 Wiltshire Road
Kearneysville, WV 25430
(304) 728-8415 or (304) 728-8416
Fax: (304) 728-3319
<http://www.jeffersoncohd.org>

Monday-Friday	8:30 am – 4:30 pm
---------------	-------------------

- Flu and pneumonia shots
- TB skin tests and chest x-rays
- Tetanus shots
- Radon testing

\$ Flu and pneumonia shots free for seniors

\$ Radon testing free for any county resident

Shenandoah Community Health Center

99 Tavern Road

Martinsburg, WV 25401

P. O. Box 1146 Martinsburg, WV 25402

(304) 263-4999

<http://www.svms.net>

Monday-Friday	Day and evening hours available
---------------	------------------------------------

- Pediatricians, internists, family practitioners, nurse practitioners, physician assistants, and support staff work together to ensure that patients receive the care they need.
- Services Include
 - Routine physical exams
 - Diagnosis and treatment of acute and chronic medical conditions
 - Annual well woman exams
 - Geriatric health management
 - Care coordination for chronic diseases
 - Social work support services
- ? Serves adults, children and adolescents
- \$ Most insurances accepted
- \$ Sliding scale, determined by application
- \$ Submit proof of income to determine percentage of reduction
- \$ Insured patients with high co-pay may also be eligible for lowered fees

DISABILITY AIDS, SERVICES, AND EQUIPMENT

Three Wishes, Inc.
3443 State Street
Santa Barbara, CA 93105
(800) 823-5220 or (800) 687-2306
Fax: (800) 687-2314
<http://www.threewishes2.com>

*Service are available by telephone or through the website.
If the message service answers, leave name and number.*

- Provides motorized wheelchairs for older people unable to operate a regular wheelchair
- ? Unable to walk due to physical limitations
- ? Unable to self- propel in a manual wheelchair due to upper body impairment
- ? Evaluation by physician or physical therapist
- \$ Accepts Medicare (not HMOs) and processes all necessary paperwork
- \$ In most cases, no cost to those who fully qualify

VISIONS

(Visually Impaired Seniors In-Home Outreach and Networking Services)

WVU Center for Excellence in Disabilities

959 Hartman Run Road

Morgantown, WV 26505

(800) 642-3021

Sharon Fridley

sharon.fridley@wvdrs.org

Monday-Friday	8:45 am – 4:30 pm
---------------	-------------------

- Enables seniors with visual impairments to remain as independent as possible in their homes and communities
 - Some low-vision aids are available
 - Helps senior citizens to adjust to loss of vision
 - Sends teachers to households
 - to help with adaptive appliances
 - to mark household appliances so that they can be used by someone who is blind or has low vision
 - to help seniors learn mobility after vision loss or diminishment
- ? 55 or older, and
- ? Experiencing loss or diminishment of vision enough to require some adaptive assistance
- \$ None

West Virginia Assistive Technology System (WVATS)

WVATS Core Office
Center for Excellence in Disabilities
955 Hartman Run Road
Morgantown, WV 26505
(304) 293-4692
(800) 841-8436

Jamie L. Hayhurst, AT Coordinator

wvats@hsc.wvu.edu

<http://cedwvu.org/programs/wvats>

Monday-Friday	8:30 am – 5:00 pm
---------------	-------------------

- Increases awareness of and accessibility to assistive technology (AT) for West Virginians of all ages and all types of disabilities
- AT devices include, but are not limited to, mobility canes, scooters, computer touch screens
- WVATS does not supply these devices, but helps people assess what AT they need to become more independent
- Information and referral
- Provides funding guide, catalogs
- Lends AT devices on trial basis to help people choose what they need
- Training provided to groups

\$ No fees

HOSPITALS AND MEDICAL CENTERS

City Hospital

Dry Run Road
PO Box 1418
Martinsburg, WV 25402
(304) 264-1000

Jefferson Memorial Hospital

300 South Preston Street,
Ranson, WV 25438
(304) 728-1600
<http://www.jeffmem.com>

- Skilled nursing & rehabilitation inpatient unit to ease transition from hospital to home
- Home health services, including
 - skilled nursing;
 - nutritional counseling;
 - wound care;
 - physical, occupational and speech therapies;
 - medical social services;
 - home health aides
- Monthly Senior Supper
- Classes and support groups, including cardiac, cancer and Alzheimer's

- ? Physician referral required for home health services

- \$ Nominal fee for classes
- \$ No fee for support groups
- \$ For inpatient and home health services, reimbursement accepted from Medicare, Medicaid and private insurance

Veterans Affairs Medical Center

Route 9 (Baker Heights)

Martinsburg, WV 25401

Mail: 510 Butler Avenue

Martinsburg, WV 25401

(304) 263-0811

Fax: (304) 262-7433

Bev Corbin, Public Information Officer

Medical Advice for Veterans Line

(800) 817-3807

<http://www1.va.gov/directory/guide/facility.asp?ID=85>

The Martinsburg facility has 69 hospital beds, 178 nursing home care units, and 312 domiciliary beds for homeless veterans

Open 24 hours a day, year-round	Contact individual departments for service hours
---------------------------------	--

- Hospital
- Nursing home
- Palliative care (a hospice-like in-hospital service for veterans in the last six months of life)
- Alcohol-drug rehabilitation unit
- Audiology and speech pathology
- Homeless domiciliary program
- Intensive care unit
- Medical center and domiciliary-based substance abuse programs
- Mental hygiene clinic
- Nuclear medicine
- Post-Traumatic Stress Disorder Residential Rehab Program (PTSD-RRP)
- Primary care

- Pulmonary function lab
- Same-day surgery
- Traumatic brain injury-community re-entry

? Honorable discharge from a branch of the United States military

\$ Free to veterans

Washington County Hospital

251 E. Antietam Street
Hagerstown, MD
(301) 790-8000

Winchester Medical Center

1840 Amherst Street
Winchester, VA
(540) 536-8000
Physician Referral Line:
(800) 456-6406

IN-HOME HEALTH AND NUTRITION SERVICES

Hospice of the Panhandle

122 Waverly Court
Martinsburg, WV 25401
(304) 264-0406
(800) 345-6538
Fax: (304) 264-0409

Jefferson County Office:
301 E. Fifth Avenue
Ranson, WV 25438
(304) 728-5701
Fax: (304) 728-5707

hospice@hospiceotp.org
<http://www.hospiceotp.org>

Monday-Friday	8:00 am – 4:30 pm
---------------	-------------------

- In-home, certified hospice medical program;
 - Grief support services
 - Community education (e.g., advance directives, living wills, medical power of attorney)
- ? Contact Hospice for details on eligibility
- \$ Covered by Medicare, Medicaid and most private insurance
- \$ Services provided regardless of ability to pay
- \$ No charge for bereavement services or community education

Meals on Wheels

220 E. Washington Street
(use entrance on Mildred St. in Presbyterian education building)
Charles Town, WV 25414
(304) 725-1601
Rich Meehleib
richmeehleib@frontiernet.net

Monday-Friday	Cook arrives at 6:00 am and program closes at 1:30 pm
---------------	--

- One prepared meal delivered midday to home
 - Hot entrée (or sandwich, if preferred) with vegetables
 - Salad
 - Dessert or fruit
 - Hot beverage or milk
 - Volunteers speak briefly with the recipient to see if things are OK
- ? Depends on condition rather than age
? Shut-in
? Unable to prepare at least one hot meal a day
- \$ \$3.00 per day, with adjustments possible

Panhandle Home Health

1516 Winchester Ave.
Martinsburg, WV 25401
(304) 263-5680
(800) 397-7444
Fax: (304) 267-1532
Valerie Moreno

Director of Clinical Services

<http://www.panhandlehomehealth.org>

Monday-Friday	8:00 am – 4:30 pm
---------------	-------------------

- Skilled nursing
 - Physical, speech and occupational therapies
 - Medical social services
 - Certified home health aides
- ? Based on medical diagnosis certified by physician, and based on a plan of treatment
- \$ Reimbursement accepted from Medicare, Medicaid and private insurance

PHYSICIANS

Konrad C. Nau, M.D.
Board Certified in Geriatrics
Bolivar Medical Center
31 Taylor Street
Harpers Ferry, WV 25425
(304) 535-6343

Monday	8:00 am – 5:00 pm
Tuesday	8:00 am - 7:30 pm
Wednesday	8:00 am – 7:30 pm
Thursday	8:00 am – 5:00 pm
Friday	8:00 am – 5:00 pm
Saturday	8:00 am – 11:00 am

Robert F. Webb, M.D.
Board Certified in Internal Medicine
with special interest in medical oncology
319 South Preston Street
Ranson, WV 25438
(304) 725-7280

Monday	9:00 am – 5:00 pm
Tuesday	9:00 am - 7:30 pm
Thursday	9:00 am – 5:00 pm
Friday	9:00 am – 5:00 pm

John Jeffrey Whyte, M.D.
Board Certified in Family Practice
with special interest in Geriatrics
Bolivar Medical Center
31 Taylor Street
Harpers Ferry, WV 25425
(304) 535-6343

Monday	8:00 am – 5:00 pm
Tuesday	8:00 am - 7:30 pm
Wednesday	8:00 am – 7:30 pm
Thursday	8:00 am – 5:00 pm
Friday	8:00 am – 5:00 pm

SOCIAL SERVICES AND OTHER AID

AARP, Jefferson County Chapter

111 Brin Drive
Ranson, WV 25438
(304) 725-4005

Charles Fridinger, President

cfrid@msn.com

<http://www.aarp.org>

2 nd Thursday of the month	11:00 am at Asbury United Methodist Church 110 West North Street Charles Town, WV 25414
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- Blizzard boxes (emergency meals)
 - Square dancing club
 - Sponsors free prostate exams yearly at Jefferson Memorial Hospital
 - Involves seniors in community service programs
 - Tax Aid (free income tax help for low- and middle-income, Feb. 1 - Apr. 15)
- ? AARP membership: Age 50 or older
- \$ Annual AARP membership (required for activities or services, other than tax help) \$12.50

**American Red Cross,
Jefferson County Chapter**
1948 Wiltshire Road, Suite 2
Kearneysville, WV 25430
(304) 725-5015

jeffarc@frontiernet.net
<http://www.jeffersonarc.org>

Monday-Friday	9:00 am – 4:00 pm
---------------	-------------------

- Bloodmobile
 - CPR & First Aid classes
 - May offer course for caregivers
 - Armed Forces Emergency Services (emergency reporting & communications for Armed Forces members and their families concerning family deaths, births, health & welfare; financial assistance); disaster services
- \$ Small fee for classes

Berkeley Senior Services

217 North High Street
Martinsburg, WV 25401

(304) 263-8873

Fax: (304) 263-6598

Kathy McIntyre, Program Manager for Adult Day Services

bssads1@adelphia.net

<http://www.berkeleyseniorservices.org>

Monday-Friday	8:00 am – 4:00 pm
---------------	-------------------

- Prescription and Medicare Part D assistance
 - Income tax preparation assistance (February to April)
 - Legal services
 - Day services & respite care
 - Weekday lunches
 - Classes (including Driver's Safety)
 - Caregivers' workshops & support groups
 - Alzheimer's support group w/ respite care
 - Caregivers' resource library
 - Internet access & assistance
 - Some in-home respite care available in parts of Jefferson County
 - Up to 8 hours free respite care for crisis situations
- ? Generally age 60 or over; some exceptions apply
- \$ Most activities free
- \$ Suggested donation for lunch
- \$ Fees for some classes and activities
- \$ Medicaid accepted for in-home care
- \$ Sliding fee applies if either caregiver or care receiver is age 60 or over

Community Networks

208 East John Street
Martinsburg, WV 25401

(304) 263-3510

Fax: (304) 263-9734

Glenda Helman, Executive Director
ghedcni@yahoo.com

Monday-Friday	9:00 am – 5:00 pm
On call 24 hours a day	

- Shelter for women and children (Bethany House)
 - Transitional housing (primarily for women)
 - HIV/AIDS services, including
 - drop-in center
 - laundry facilities
 - food pantry
 - small residential facility
 - some financial assistance for rent, utilities, prescriptions, and medical bills
- \$ No fee for Bethany House or drop-in center services
- \$ Fees for transitional and HIV/AIDS housing based on monthly income

Eastern Panhandle End-of-Life Coalition

122 Waverly Court
Martinsburg, WV 25401
(304) 264-0406
Fax: (304) 264-0409
Kathie Campbell
kcampbell@hospiceotp.org

Monday-Friday	8:00 am – 4:30 pm
---------------	-------------------

- Education and advocacy regarding end-of-life care and concerns
- Maintains "sitters list" of individuals who provide in-home direct care services

\$ No fees

Good Shepherd Caregivers

101 South Princess Street
PO Box 1882
Shepherdstown, WV 25443
(304) 876-3325
Fax: (304) 876-1645

and

221 East Washington Street
Charles Town, WV 25414
(304) 725-2262
info@gsivc.org
<http://www.gsicv.org>

Nancy Hockensmith, Executive Director

Monday-Friday	8:00 am – 4:00 pm
---------------	-------------------

- Transportation to medical appointments and errands
 - Light housework
 - Yard work
 - Visits
 - Reassurance calls
 - Help with paperwork
 - Medical equipment loan
- ? Older residents of Jefferson County who are frail, chronically ill and/or disabled, regardless of income
- \$ No fees

Jefferson County Community Ministries

238 West Washington Street

Charles Town, WV 25414

(304) 725-3186

Bill Willingham, Executive Director

Monday-Friday	9:00 am – 12:00 noon
(except on federal holidays)	

- Food pantry
- Clothing closet
- Help with utility payments
- Gasoline for car for medical and job interview appointments
- Help with rent to prevent eviction
- Help with temporary shelter for victims of house fires
- Partnering for Prescriptions (help for medication for chronic illness)

? Jefferson County resident (show proof at each request for services)

\$ Free

Jefferson County Council on Aging

103 West Fifth Avenue

Ranson, WV 25438

Anna Mae Reedy, Director

(304) 725-4044 or (304) 725-5498

jeffersoncounty@frontiernet.net

Monday-Friday	8:30 am – 4:30 pm
---------------	-------------------

- In-home care
 - Home-delivered meals
 - Bus to senior center with activities every day
 - Transportation to doctor and grocery shopping
 - Scheduling of income tax services (with AARP)
 - Registered nurse on staff
 - Outreach worker for Medicare Part D and other services
 - Keep people out of a nursing home as long as possible
 - Referrals for housing
 - Help with finding apartments
 - Trips to Martinsburg dialysis center every day
- ? Be at least sixty years old
- ? Have no one else to do the services
- ? In-home care depends on health, not age
- ? Medicaid recipients of any age are eligible
- \$ Donations accepted

PanTran
Eastern Panhandle Transportation Authority
or EPTA

446 Novak Drive
Martinsburg, WV 25401
(304) 263-0876
Lynn Weiger, director
<http://www.pantran.com>

Office hours

Monday - Friday	8:00 am – 4:00 pm
-----------------	-------------------

Normal route hours

Monday - Friday	6:00 am – 9:00 pm
Saturday	8:00 am – 6:00 pm

Demand response service (*Must call the day before to make appointment to be picked up*)

Demand response means pickup at one's home, if it is on or near an established route.

Monday - Friday	8:00 am – 5:00 pm
-----------------	-------------------

- Bus service in the area including Martinsburg, Hedgesville, Inwood, Bunker Hill, Charles Town, Shepherdstown, and Harpers Ferry
- Schedules are available online or by calling (304) 263-0876 or may be picked up at the Visitor Center in Harpers Ferry, at the City Hall in Shepherdstown, at Charles Town Races and Slots, and at the Jefferson County Court House in Charles Town
- Animals are allowed to ride only if they are service animals with identification as same

\$ From \$1.00 to \$3.50 (those 62 and older ride at half-fare)

Salvation Army
505 Virginia Avenue
Martinsburg, WV 25401
(304) 267-4612
Beverly Lane, Social Services Director

January - September	
Monday-Thursday	9:00 am - 12:00 noon 1:00 pm - 3:00 pm
October - December	
Monday-Friday	9:00 am - 12:00 noon 1:00 pm - 2:30 pm

- Food bank
 - Vouchers for clothing and household items
 - Utilities assistance
 - Social services referrals
 - Christmas program (food box)
- ? Need-based: must show proof of income and bills
- \$ No fees (although can make purchases at Salvation Army shop)

Shenandoah Women's Center

110 N. Lawrence Street
Charles Town, WV 25414
(304) 725-7080

Phone connection available 24 hours

- Serves victims of physical, sexual, verbal and emotional abuse
- Offers safe shelter and counseling to victims
- ? A woman seeking shelter must be able to take care of her own physical needs
- \$ Fees for counseling only, on a sliding scale

Social Security Administration

400 Foxcroft Avenue
Martinsburg, WV 25401
(304) 263-6912
(800) 772-1213 7:00 am - 7:00 pm
TTY line: (800) 325-0778

Monday-Friday	9:00 am – 4:00 pm
(except on federal holidays)	

- Retirement, survivors' benefits, name changes
 - Information and forms for persons to determine if they are eligible for Social Security, and for Supplemental Security Income (SSI) disability benefits
- ? If born in 1929 or later, at least 10 years' work credits to be eligible for retirement benefits and for some family members to receive benefits
- \$ Office services free of charge

United Way of the Eastern Panhandle

222 West King Street
Martinsburg, WV 25401
(304) 263-0603

Mr. Jan Callen, Executive Director

NOTE: This local branch of a national funding agency recently consolidated the United Way of Jefferson County with the United Way of Berkeley and Morgan Counties.

Monday-Friday	9:00 am – 4:00 pm
---------------	-------------------

- Funds many Eastern Panhandle agencies
 - Sponsors the Day of Caring, which will send teams of people to work on homes of the aged or shut-ins
- ? To be eligible for the Day of Caring, usually recommended by a local agency such as Hospice of the Panhandle, Panhandle Home Health, Good Shepherd Caregivers, or other service organization

West Virginia Bureau of Senior Services

1900 Kanawha Boulevard East

Holly Grove Building # 10

Charleston, WV 25305-0160

(304) 558-3317

Fax: (304) 558-0004

Monday-Friday	9:00 am – 5:00 pm
---------------	-------------------

- Legal advice on living wills, powers of attorney, and what to do when a spouse dies, etc.
- Legal assistance is provided to West Virginians 60+ through a contract with West Virginia Senior Legal Aid, Inc. in Morgantown. (See following) The services are free and include a toll-free Statewide Senior Legal Hotline , which is answered 24 hours a day, at (800) 229-5068. A staff attorney can give general legal advice, perform limited advocacy on behalf of a client (such as making telephone inquiries or writing a letter), or make a referral to another attorney if needed.

West Virginia Senior Legal Aid, Inc.

Cathy McConnell, Executive Director

1988 Listravia Avenue

Morgantown, WV 26505

(304) 296-0082

Fax: (304) 296-2746

justpeace@labyrinth.net

<http://www.seniorlegalaid.org>

? Must be at least 60 years old

\$ Free, although donations are recommended for some publications

WV Dept. of Health and Human Resources

239 Willow Spring Drive
Charles Town, WV 25414
(304) 725-3464

Monday-Friday	8:30 am – 5:00 pm
---------------	-------------------

- Will set up services with other agencies, including:
 - Food stamps
 - Medicaid
 - Subsidized housing (waiting list)
 - LEAP (heating assistance for low-income people)

SUPPLEMENTARY RESOURCES

AIDS Network of the Tri-State

Judith Friend, Executive Director
400 W. Martin Street
P.O. Box 2306
Martinsburg, WV 25401
(304) 263-0738

Al-Anon/Alateen

(888) 4-AL-ANON
[(888) 425-2666]

Alcoholics Anonymous

(800) 333-5051

Alliance for the Mentally Ill of the Eastern Panhandle

Edgemont Terrace
Martinsburg, WV 25401
(304) 263-9847

Alzheimer's Family Support Group

St. Agnes Parish
Shepherdstown, WV 25443
(304) 264-4934

American Cancer Society

(800) 227-2345

American Heart Association

4510 Pennsylvania Ave
Charleston, WV 25302
(800) 242-8721

Eastern Panhandle Free Clinic

Does not serve seniors, since they are covered by Medicare, but may be of interest for other family members.

11065 Middleway Pike
Charles Town, WV 25414
(304) 724-6091

Eastern Panhandle Technology Access Center, Inc.

P.O. Box 987
Charles Town, WV 25414
(304) 725-6473

Goodwill Industries

Charles Town Plaza
Rt. 340
Charles Town, WV 25414
(304) 728-6883

Habitat for Humanity

P.O. Box 2577
Martinsburg, WV 25401
(304) 263-3154

HIV Care Consortium

P.O. Box 1513
Shepherdstown, WV 25443
(304) 876-5458

Homecall, Inc.

724-B Lakeview Drive
Martinsburg, WV 25401
(304) 263-6254

Jefferson County Department of Emergency Communications 9-1-1

Jeff Polczynski, Director
1948 Wiltshire Road
Kearneysville, WV 25430
(304) 725-8484
jpolczynski@jeffersoncountywv.org

Jefferson County Office of Emergency Management

Darrell Penwell, Director
P.O. Box 208
Charles Town, WV 25414
(304) 728-3290
dgpenwell@jeffersoncountywv.org

Literacy Volunteers of the Eastern Panhandle

101 W. King Street
Martinsburg, WV 25401
(304) 264-0298

Narcotics Anonymous

(800) 766-4442

Retired Senior Volunteer Program (RSVP)

103 W. Fifth Avenue
Ranson, WV 25438
(304) 725-4044

Senior Citizens Supper Club

Teresa McCabe
300 S. Preston Street
Charles Town, WV 25414
(304) 728-1600

WVSeniors

<http://www.wvseniors.org>

WVSeniors.org is a website that features information, community and news - all at one easy-to-remember address.

- Search for senior services throughout the state
- Ask experts questions about geriatric medicine, pharmacies, social services, and more
- Check a calendar of senior events statewide
- Access a library of information on aging
- Read and post discussions about topics that interest you
- Read senior-related news, articles and columns
- Visit the growing list of links to online resources for seniors
- Send and read e-mail
- Join groups and talk with others who have interests in similar areas
- Chat in real time with others

INDEX

A

Abuse
 Shelter, 29
AIDS/HIV, 22, 34, 35
Alcoholism, 34
Alzheimer's Disease and
 dementia, 11, 34

C

Cancer, 11, 34
Caregivers, 16, 21
 Respite, 21, 23
Clinics, 6, 12
Clothing, 25, 28
CPR, 20

D

Dementia, 34
Disability, 8, 9, 10, 30
Disaster help, 20
 Fire, 25
Domestic Violence, 29
Drop-In Centers, 21, 22
Drugs
 Narcotics, 36
 Prescription, 22, 25, 26

E

Emergency Services, 19, 20

End of Life, 23
 Hospice, 12, 14

F

First Aid, 20

H

Heart health, 34
HIV/AIDS, 22, 34, 35
Homelessness, 12
Hospice, 12, 14
Hospitals, 11, 12
Housing, 22, 26, 33
 House and yard work, 24, 31
 Rent assistance, 22, 25
 Utility assistance, 3, 8, 22, 25,
 28, 32, 33

I

Immunizations and tests, 6
 Prostate, 19
In-Home Care, 21, 23, 26
In-Home Nursing, 21, 23

L

Legal assistance, 14, 32
Literacy, 36

Location

Bolivar, 17, 18
Charles Town, 3, 5, 15, 19, 24,
25, 27, 29, 33, 35, 36
Charleston, 32, 34
Harpers Ferry, 17, 18, 27
Kearneysville, 6, 20, 36
Martinsburg, 3, 4, 5, 6, 7, 11, 12,
14, 16, 21, 22, 23, 26, 27, 28,
30, 31, 34, 35, 36
Morgantown, 9, 10, 32
Online, 37
Ranson, 11, 17, 19, 26, 35, 36
Santa Barbara, CA, 8
Shepherdstown, 24, 27, 34, 35

M

Meals, 15, 19, 26
Medicaid, 5, 11, 14, 16, 21, 26, 33
Medical equipment, 24
Wheelchairs, 8
Medicare, 5, 8, 11, 14, 16, 21, 26
Mental health, 3, 4, 5, 11, 29, 34
Mental illness, 3, 5

N

Nutrition, 11, 15, 19, 22, 25, 26,
28, 33

P

Physicians, 5, 17, 18
Prostate, 19

R

Reassurance calls, 24

S

Social Opportunities, 21
Social Security, 30
Speech Therapy, 11, 12, 16
Support groups, 11, 21, 34, 36

T

Tax assistance, 19, 21, 26
Technology, 10
Transportation, 24, 26
Demand response, 27
Gasoline assistance, 25
Scheduled, 27

V

Vision impairment, 9
Volunteerism, 36

